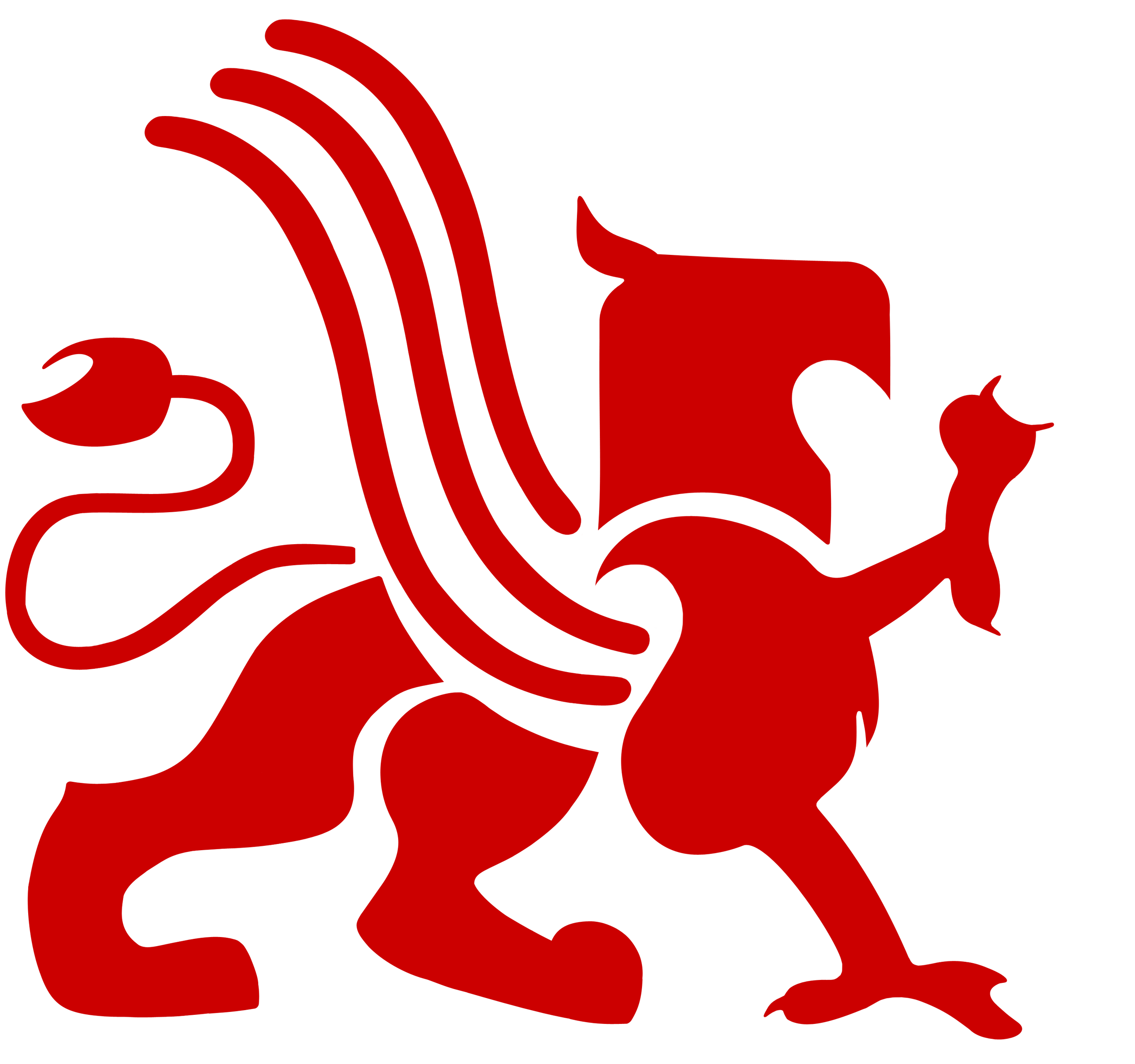
#### WEX 12A/12B are courses offered to Grade 11 and 12 students and is a part of Delta’s Career Preparation program

#### Why take WEX 12A/12B?

#### Benefits of Work Experience (WEX) 12A/12B

**Burnsview Secondary School**



For more information visit the website:

[**www.bucareerprograms.weebly.com**](http://www.bucareerprograms.weebly.com)

**or contact:**

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Career Programs Facilitator

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p. 604-594-0491 ext. 258

f. 604-594-0491

Burnsview Secondary

7658-112 Street

Delta, BC

V4C 4V8

Focus Area:

Fitness and Recreation



Career Preparation Program

Courses:

Work Experience 12A/12B

**École Secondaire Burnsview**

* You gain 90 hours work experience in career field of choice
* You can use WEX hours to fulfill the 30 hours Work Experience /Community Service for Grad Transitions
* You receive the opportunity to develop employability skills
* You receive valuable real world feedback through employer assessment
* You can receive references and possible part-time or full-time employment



#### Fitness and Recreation Program Requirements Possible Career Paths Focus Area and Placements

In addition to successful registration into WEX 12A/12B, the student is required to take four focus support courses, with at least two being at the Grade 12 level in order to receive credit for the course.

**Grade 11 Courses**

Life Sciences 11

Fit for Life 11 – Girls Only

Leadership 11

Peer Tutoring 11

Physics 11

Psychology 11

Food Studies 11

Health Sciences 11  
Fitness & Conditioning 11  
Active Living 11

**Grade 12 Courses (at least 2)**

Anatomy & Physiology 12

Fit for Life 12 – Girls Only

Leadership 12

Peer Tutoring 12

Physics 12

Psychology 12

Food Studies 12

Health Sciences 12

Fitness & Conditioning 12

Active Living 12



##### Sample occupations

• Athlete

• Coach

• Recreation Director

• Entrepreneur: adventure tourism or recreational services

• Trainer and Fitness Consultant

• Facilities Manager

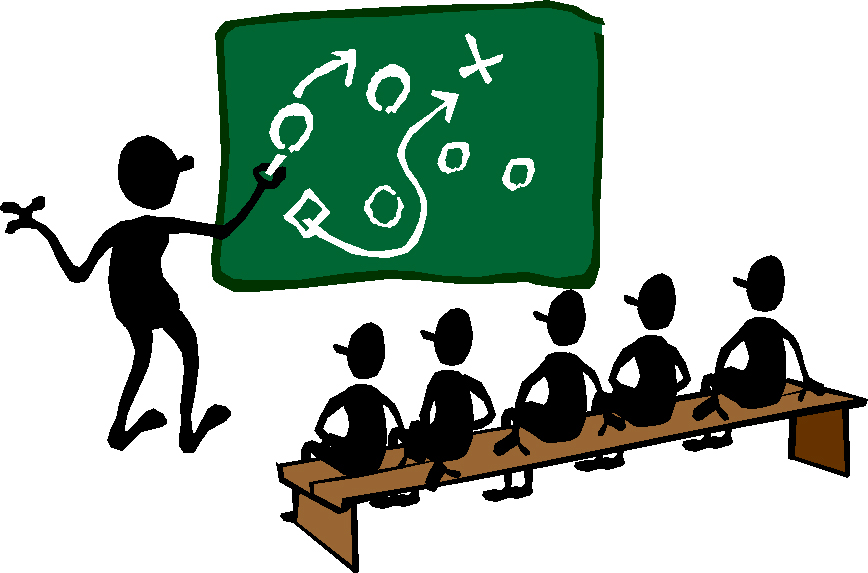
• Community Recreation Coordinator

• Teacher

• Fireﬁghter

**Sample placements for this Focus Area through WEX 12A/12B:**

* Steve Nash Fitness Centre
* Surrey Gymnastic Society
* The Hockey Shop
* Cranked (sports supplements food & shake bar)



This Focus Area is for students who may have well-developed physical abilities, be willing to help others enjoy phyiscal and leisure activities, or have involvement in various sport activities.

**What is a Focus Area?**

Focus Areas serve as organizers for students to plan their education in Grade 11 and 12 centered on an area of interest. By focusing on a certain area, students develop the technical and personal strengths, as well as employable skills, that will project them forward in future education or experience

**Career areas that match this Focus Area:**

* Athletics
* Recreation
* Personal health
* Wellness
* Coaching and team performance

**People in this Focus Area may have:**

• Interest in sports

• Interest in outdoor activities

• Interest in personal ﬁtness and nutrition

• Understanding of nutrition and its impact on performance

• Skills required to coach or instruct others

• Leadership skills, including the ability to motivate people

• Performance/kinesthetic skills in one or more sports areas

• Safety skills, including First Aid and personal safety skills